FITNESS ROUTES

- **2 mi/3.22 km**  
  Start at west side of Rockne Memorial and finish at Pangborn parking lot (one mile to Bulla Rd.)

- **2 mi/3.22 km**  
  Start at intersection of lakes and finish at intersection

- **1.5 mi/2.41 km**  
  Start and finish at west side of Rockne Memorial

- **1.3 mi/2.09 km**  
  Start at Main Building and finish at Main Building

- **.8 mi/1.29 km**  
  Start at Gate 2 of Joyce Center, proceed through campus to island of St. Mary’s Lake

- **.5 mi/0.80 km**  
  Start at Hesburgh Library and finish at intersection of lakes

- **3.8 mi/6.09 km**  
  Start at Rockne Memorial, follow campus perimeter and end at Rockne Memorial

- **.8 mi/1.29 km**  
  Start at Rockne Memorial and circle around South Quad

- **.5 mi/0.80 km**  
  Circle around Notre Dame stadium

- **2.2 mi/3.54 km**  
  Start at Rolfs Sports Recreation Center and circle around to the East

- **1.4 mi/2.25 km**  
  Start at Rolfs Sports Recreation Center and circle around to the West

WALKING INFORMATION

- **.3 mi/0.48 km**  
  West Gate to South Dining Hall

- **.3 mi/0.48 km**  
  Library parking fence to South Dining Hall

- **.9 mi/1.45 km**  
  Around St. Joseph Lake

- **.8 mi/1.30 km**  
  Around St. Mary’s Lake